

### THE UNIVERSITY OF CHICAGO THE UNIVERSITY OF CHICAGO HOSPITALS

Department of Medicine Section of Emergency Medicine

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## To Whom It May Concern:

I would like to share my family's experience with Rose Calderone of HUSH. I first met Rose in March 2006 when I was pregnant with twins and in the process of interviewing for a night-time nanny. I had been advised by many that this service would be extremely helpful while coping with the needs and challenges of caring for newborn twins. This has proven to be an excellent piece of advice!

Rose Calderone has a unique sensitivity and thoughtfulness that is unmatched with other nanny services and agencies we contacted during our search process. Rose was the first person I met in the business who presented potential nannies with their "back-ups." It gave us such reassurance to know that if a nanny couldn't work on a needed night, she had a back-up plan in place, and that the nanny would be known to us. I have been very impressed by the quality of nannies we have met through Rose. We have had the pleasure of working with Susan and Pauline

Both nannies are loving and kind to our children, while making the task of caring for two needy infants at the same time look easy!

Rose has always been thoughtful of my family's health and wellness during my pregnancy, the preterm delivery, and the difficult times we endured while our babies were hospitalized. Rose was patient and never put pressure on our family to provide a "start-date", she would only offer to be flexible to meet the needs of our children. When we had both of our babies home, she was right there to help us within a day's notice. Her sensitivity and adaptability to our needs brought us great comfort and reassurance during a stressful time for our family.

I believe that using the services of HUSH has made our transition as parents as loving and healthy as possible. The comfort of sleeping at night knowing that your babies are being expertly and lovingly cared for is invaluable to restoring the health and balance needed for new parents.

I highly recommend Rose Calderone and her team. Our babies are thriving under her care and her team has given us great counsel and comfort. Rose was able to find us the perfect nanny to grow with our family when I go back to work, a very difficult task given my scheduling needs for the hospital. Rose has often helped our friends with children who are coming into town with babysitter needs. My friends all wish they could take the babysitters home with them! Rose has a great eye for finding the right fit, a creative mind for scheduling needs, an insightful fund of knowledge and experience and a sensitive touch.

Please feel free to contact me directly for any further inquiries,

Catherine Johnson, MD FACEP Assistant Professor of Medicine

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## To Whom It May Concern:

Rose Calderone was our night nurse from the birth of our twins, Lucy and Peter, in August 2002 to November 2002. As of this writing, she also babysits for our 3 year old son and the twins.

As our night nurse Rose worked for us seven nights a week for approximately eight weeks and then twice a week for the next month. She is extremely knowledgeable of newborns and is able to handle the pressure and strain of two at a time. While she brought us much comfort and many insights about twins, she also was open to and respectful of our methods and followed our instructions gladly. She also clearly just loves newborns.

She was more than willing to stay longer in the morning to help us through until the daytime sitter arrived or until things were under control. Her willingness to go above and beyond is one of her many wonderful attributes as a night nurse, sitter and person.

Perhaps most important, Rose is simply a delight to have around. She is professional and respects the private family experience of bringing home new babies and working in a household during an unusual time of day but she also feels just like family.

I don't know how we would have made it through those first few months without her.

Please feel free to call with any further questions. We would love the opportunity to talk more about Rose.

Sincerely,

Tracy G

Theresa Reid, PhD

Dear parents considering using the services of Rose Calderone -

I am happy to give Rose the highest recommendation. I called Rose late this past August in some desperation, after we returned home from Ukraine with a very lively and disoriented two-and-a-half-year-old girl. Rose sprang to the rescue! She provided a warm, compassionate, steadying influence for all of us (me, my husband, my six-year-old daughter, and our new little daughter and sister) during the critical first few months of adjustment to life as a family of four.

Rose is a fount of ingenuity. She has so many resources and so much experience at her fingertips – she seems to be able to reach into her physical, psychic, experiential, and emotional space at a moment's notice and pull out just the solution that's needed at the time. Rose is kind, funny, nurturing, resourceful, and completely trustworthy – she has, in fact, become indispensable to us in a few short months. Truly, I don't know what I would have done without her! I know our newly recreated family would not have fared nearly so well during our very challenging transition without the magic of Rose's wisdom.

We would take Rose with us to Ann Arbor if we could. I do think, though, that because of her expert and loving help in the last few months, we may fare all right without her, however much we will miss her.

We all love her and recommend her with no reservations.

Mun Ming

Theresa Reid

### Dear Rose,

I am writing this letter in the hope that you will share it with anyone who is considering your services as a Nanny. Your willingness to come to Los Angeles in September of 2003, take full charge of our nearly 3 year old twins and keep our very large household together during a challenging time for us was a lifesaver. As you know, we had always been extremely selective about the very few people with whom we would leave our children. But even though we had not met, your recommendations were so flawless and from such trusted sources, we knew instinctively that you would be the right person for us.

Boy were we right! My Type A children responded extremely well to your perfect balance of love, learning, fun and firmness. They had more fun and seemed to grow in more ways in that couple of weeks than ever before. You have a gift of connecting with children instinctively and always seem to know the right words, the right activity or the right distraction for everything that comes up. I learned a lot about parenting from you, although I am still not as creative or energetic as you.

Finding competent childcare is the most challenging part of parenting. It is easy to find a reliable babysitter, but rare to find a true nanny who will react to situations, even emergencies with the same care and concern as a parent. Thank you for giving your all to our family and for giving me the peace of mind to focus on the circumstances demanding my attention at the time.

Your years of experience, strong moral values and love of children will remain with us forever.

All the very best. We hope to see you again soon.

Lana C

To whom it may concern:

Rose Calderone worked for us as a night nanny for one month from October 27 through November 26. 2003. During that time, Rose preformed duties of feeding, changing diapers and helping our son get to sleep. Rose keep us well informed of our son's activities each night by communicating with us both verbally and through a chart.

We found Rose to be a wonderful night nanny with our son Griffin. She offered advice to us, as new parents in a non-intrusive way, which we found, to be quite helpful. It is clear that Rose has a lot of experience with babies and loves caring for them.

While she was here, we felt quite confident in her abilities and dedication and this enabled us to sleep confidently each night knowing our son was well cared for by Rose.

If you have any questions, please feel free to call us.

Sincerely,

Ashley & Tad D

To whom it may concern,

We had the pleasure of Rose Calderon's services between the birth of our daughter on December 16, 2003 and early February, 2004. Coming to the end of this period was a time of sadness for us because the entire family, including our dogs, grew to love Rose's nightly visits.

Rose's capabilities with infants are beyond compare. Through the multiple stresses of recovering from a C-section, learning to breast-feed, and adjusting to parenthood, Rose's calm demeanor, knowledge, and sense of humor helped make these seven weeks a joy. Whereas many parents look back on their first several weeks with a newborn as an ordeal to survive, Rose made it for us an experience to be treasured.

Rose also has love to spare. She clearly adored our daughter and showered her with affection and care. She also loved our two young dogs, who themselves were going through a period of adjustment to the new family member.

Rose was generous with her time as well. When the situation required, she would not hesitate to stay the extra hours to accompany mother and daughter to doctor's visits, or simply to discuss parenting issues. The wealth of knowledge that Rose imparts just in the course of caring for our baby will stand to make us better parents in the years ahead.

It is a testament to Rose that we now count her as a life long friend rather than simply an employee. Should further information be required, please feel free to contact us.

Fred 8

Sincerely,

Ginger and Fred S

## To whom it may concern:

I am writing this letter in recommendation of Rose Calderone and her nanny service, Hush-a-Bye Baby. I am a mother of three and Rose has supplied me for babysitters/nannies on a variety of occasions. When I found myself unexpectedly on fulltime bed rest with my third child, Rose supplied me with two girls to work full time for two months to help care for my two older children. The women she found for me were fantastic. They were mature, knowledgeable, commanding individuals who were able to make my time on bed rest a much less stressful situation. Most importantly, my children liked these individuals and respected them almost immediately as people of authority. Once I had my third child, Rose supplied me with a night nurse once-a week to give me a good nights rest. She was very flexible with my needs and always sent people who were knowledgeable about babies.

I have also turned to Rose for an on-going sitter to be with me one day every week. Rose supplied me with a loving, intelligent woman who my children adore and who comes into my home and makes my life a whole lot easier every Wednesday. Finally, I have used Rose's services when I need babysitters for weekend events. She has always supplied me, again, with knowledgeable, mature individuals who make me feel comfortable and who my children sincerely like being around. I feel very fortunate to have met Rose and her group of girls. My children and myself are very grateful for their love and professionalism.

Sincerely,

Carlee B

# To Those Lucky Enough to Hire Rose Calderone:

Son S

On August 2<sup>nd</sup>, we became first-time parents of twin boys. Given the books we had read about twins, and the parents with whom we had chatted, we knew we were in for a rough few months. Not only are twins a handful, but we're also on the more "senior" end of parenthood. Quite unfamiliar with late nights, let alone all-nighters, we knew we'd need some help.

Enter Rose, whom we found through a group called Mothers of Multiples. Warm, funny, and experienced, Rose immediately put us at ease. When she picked up one of our boys and cooed, "Hello, Tiger," we knew we had chosen the right caregiver.

Rose is not only sensitive to babies' needs, but to parents' needs as well. Her suggestions are always offered as just that – suggestions. She knows that there is no "right" or "wrong" when it comes to infants. We appreciated the fact that even though we were new parents, she often asked for our opinion as to what should be done in a given situation. Her doing so showed great respect for us and boosted our confidence as well.

Thanks to Rose, the first four months with our boys has been lovely. Instead of being grumpy and blinded by fatigue, we have thoroughly enjoyed getting to know the little fellas for whom we've waited so long. Her help has been invaluable.

Now that both boys are just about sleeping through the night, we regretfully must part ways with Rose. But though she will no longer be our night nanny, she will be a valued sitter and friend for years to come.

### Dear Rose-

Thank you so much for all of your assistance in managing our night care needs. As you may recall we came to you in a bind when our twins were 7 weeks old. You were able to get Susan here for an interview the day we called. You had great follow through and delivered as promised. You were also available throughout the arrangement for questions, support and advice.

Susan is wonderful. She is calm and nurturing. The bables responded well to her from the start. She was very reliable. She arrived on time and was here every night she was supposed to be. She also did other things around the house which made our lives so much easier. She truly provided all around support.

Joanne is terrific. You can tell how much she really enjoys working with the babies. She came in excited every night she came and made the babies smile and laugh. She also really had a nack for getting the babies to sleep longer and longer. She helped us learn how to get them to sleep at extended intervals until we got them to sleep through the night.

Having the three of you involved really allowed us to enjoy the first 4 months of our babies lives with us instead of being exhausted and stressed out. We really appreciate your support. Please feel free to refer anyone to us for a reference.

Sincerely,

llyce and Steve Z

Highland Park

## To Whom It May Concern:

Rose Calderone was a night nanny for us and our twins from April 2005 to August 2005. We started out with 5 nights a week and tapered off to about 3 nights a week. She was of great service to say the least. She was always happy to help out. Come early, stay late etc. She was great with the twins and, we were so happy to see her come thru that door each night. Rose was very helpful with the twins and also with making recommendations on the general care of the babies. Susan was also a night nanny for us during the same time period and was absolutely wonderful. She was great with the babies and sensitive to their needs. One of our twins had reflux and she gave her lots of special care.

Now we have graduated to having Lily help us during the day a couple of times during the week. She is also a huge help. She is great with the girls, giving them one on one attention. She has a certain way with the children that comes thru in her care of them.

We couldn't have done it without Rose and Susan the first few months. They made our lives a little saner during a very tiring and stressful time. Rose and her staff continue to be a great help to our family. Rose is always there to help us out when we need it. She is very prompt in handling scheduling and finding the right nanny for the job. Rose and her team have become a welcome part of our family.

Regards.

Colleen & Ken L Chicago, IL

#### Dear Rose.

During the course of my New Year's reflections on 2005, my thoughts returned over and over again to how lucky our family is that you found Bisi to take care of Joey. When I called you just a week or two away from my return to work, I could barely keep the panic from my heart since I had worked so many sources and could not find anyone I'd leave my plants with let alone my twelve week old child.

The person who referred you did not do your service justice by just saying the each nanny you sent was better than the one before. From the moment you took over, you made me feel confident that you would find the right person and that, in the meantime, your staff of nannys would take care of things. I especially appreciated your tutorial on how to deal with the business side of employing someone in my home which came as an unexpected surprise.

Being divorce lawyers, we know what stress in one's personal life can do to a marriage and to a career. From the moment Margarete started, we were stunned at her capabilities and genuine love for our baby. Celina was no different with her gift of getting Joey to do tummy time. The transitions between nannys were seamless and each was so responsible and punctual. Having heard horror stories about nanny unreliability, we counted our blessings.

The difference between the service you offer and all the rest is that you stay involved and responsible out of a deep sense of caring and commitment and your nanny's are a reflection of that caring. I have always felt that if something happened that was unexpected, you'd cover things and I would be spared the scramble to find someone to watch Joey at the last minute.

Bisi was truly worth waiting 6 weeks for, and she has become a part of our family. I invited her to tell me what she thought I could be doing for Joey and her suggestions have worked where books and doctors have not, and her initiative to do things around the house to lighten my load is a Godsend. I look forward to trying to have another baby with her to help me.

I love that I have been able to give your name to other women secure in the knowledge that they will receive the same comfort you generously gave to me.

Thank you for all you have done, and have a wonderful 2006.

Sincerely, Anita V To anyone considering hiring Rose Calderone:

Rose Calderone was an enormous help in getting my twin daughters to sleep through the night. She arrived on the scene once my daughters were going into their fourth month, which is when her program of sleep-training for twins begins. Rose is such a lovely person with a warm spirit, and her positive outlook and frequent reassurances were just what I needed as a new mother.

Rose not only was wonderful with my daughters, but she also helped teach me what to do on the nights when she was not with us. We worked consistently as a team, and slowly but surely, both daughters began to sleep longer stretches and require less food at night. She has a great balance of being gentle and compassionate, while still being firm.

I would highly recommend that anyone (especially with multiples) use Rose to help establish good sleeping habits as soon as possible. Hiring her was one of my best decisions as a new mother. Having my daughters sleep through the night has transformed our family life.

Sincerely,

Linda

Chicago, IL.