

About the Founder

Rose Calderone is the eldest of 6 children, and 14 cousins, and has been baby-sitting since the age of 7. She has a grown son Joe, who serves as the foundation for her knowledge of what it means to be a mother. She studied Early Childhood Education at Hillsdale College, and graduated from Michigan State University with a B.A. degree in Communication Arts and Early Childhood Education.

Rose has assisted and/or taught pre-school, Kindergarten and 5th grade. She also has experience working with youth in prison (boys ages 11–21). In 1996, Rose’s employer (in an unrelated field) recognized her gift for working with children, as she often found herself surrounded by and caring for his 9 grandchildren, in addition to her day-to-day job duties. He encouraged her to change direction and follow her passion. It is with this renewed passion and newfound calling that Rose moved back to Chicago in 1999 and began working with a nanny agency as a “temp” where she worked week days and evenings, as well as weekends.



Rose with twins Kate and Claire

She served as both an overnight, as well as a vacation nanny, caring for children, home and pets for up to 14 days at a time. Rose was also in high demand for families with children entering the sometimes difficult teen years, due to her experience with troubled youth. After 3 years of such work, she took her first night-nanny assignment and fell in love with working with newborns.

In 2002, she started *Hush-a-bye Baby* as a day placement and night-nanny agency, specializing in twins. In the years that followed, Rose discovered she had a gift for getting single babies to sleep thru the night by the end of 3 months, and twins by the end of 4 months. She defines “thru the night” as 10 to 12 hours of uninterrupted sleep: no waking, no crying out, no feedings or pacifiers and no rocking back to sleep.

Rose now concentrates her energies on mentoring both nannies and parents to sleep-train babies. She coaches nannies while they are still on their job as the night-nanny/sleep-trainer; and she consults the parents to assist the nanny, to take over when they leave, or to go it alone if they don’t have a night-nanny.

She also does sleep-training for babies from 3 to 12 months old, if they haven’t had night help and are not sleeping thru the night yet. She has come to learn that babies need sleep for many reasons, and fortunately, there are many gentle and effective ways to help them get to sleep. She believes that sleep-training is an art and a science, and learning how to navigate between those worlds is her passion and expertise.

Rose also recognizes that in order for mothers to be the best moms possible, they too need their sleep... for renewed health and energy after childbirth; for hormones to level out; for one’s moods to be restored; and to be able to fully experience the joy of being a new mother...bringing a new life into the world.

Rose declares that she loves working with babies “as they are so fresh from God”. E. Tolle states it beautifully in his book *A New Earth*, “They are fragile, delicate, not yet firmly established in materiality. An innocence, a sweetness and beauty that are not of this world still shine through them.”

“Hush-a-bye Baby” Day & Night-Nanny Service

Rose Calderone—The Sleep Nanny

837 N. Winchester Ave Chicago, IL 60622

773 772 8846 ph 312 622 ROSE cell nanny@hushabyebaby.biz email

Qualifications: Eldest of 6 children and 14 cousins
Babysitting since 7 yrs. old
Taught and/or assisted pre-school, Kindergarten and 5th grade
Worked with youth in prison (boys ages 11–21)
B.A. Michigan State University—dual major:
Communication Arts and Early Childhood Education

*Postpartum Doula Training *Lactation Education Training

*CPR *NICU CPR *TB test *Flu shot

Criminal Background Check (CRIM) and DMV check

Worked full-time with a North Shore agency since 1999 as a “temp” nanny; hourly babysitting; overnights; traveling with clients on vacation; caring for children/home/pets while clients were on vacation; and doing newborn night care. In addition, managed the office while the owners were out of town.

Started “Hush-a-bye Baby” in 2002. Experience, training, expertise and passion are in providing impeccable night care for newborns, specializing in twins and preemies. Focus is on gentle sleep training, that starts the Mom on a great beginning for contented babies and a happy family.